

Elite Women's World Distance Championship 2023 Selection Plan and Process Outline:

Elite Women's Coach: Roni Nuku

Intent Process:

Anyone who meets the Eligibility Criteria may trial.

Paddlers wishing to trial and be considered for the squad and ultimately the team should complete the attached Intent form and return it to Waka Ama NZ worlds@wakaama.co.nz no later **than 12 February 2023.** Please note: the coaches of the campaign are entitled to invite paddlers to be part of the trial process, should you be contacted by the coaches directly they will inform you of your invitation to take part and will require that you confirm your acceptance of the invitation and attendance at the trial.

Eligibility Criteria:

To be considered for the Premier Women's team athletes must:

- Re female
- Be a current affiliated Waka Ama New Zealand member
- Be New Zealand Citizen or have resided in New Zealand for 6 months or longer at the time of the
 event
- Be at least 16 in the year of competition
- Be endorsed by their club, Intent form must be signed by Club Rep
- Be committed to the process and attend all required trainings
- Communicate with the Coaching/Management in a timely fashion
- Meet all financial obligations
- Be the best you can be and train for performance
- Adhere to the Waka Ama New Zealand Code of Conduct https://www.wakaama.co.nz/pages/read/1004720

Selection Criteria:

The coach will be looking for physical, technical and leadership abilities in combination with athlete commitment and attitude.

Paddler selections must fit into at least two of the following categories:

- Outstanding Individual performance e.g. OC1 results, individual fitness etc
- Individual/s qualities and attributes e.g. leadership, seat combination
- Seat specific attributes e.g. Steerer/Seat 1
- Value added by individual to crew combination

Note: At any time throughout the selection period, paddlers can be bought into the squad until final team is named.

Time frames and Key Dates

4 February 2023	Intent Process open	
15 February 2023	Last date for intents to be received	
20 February 2023	More information relating to the first trial will be available to all	
	contenders	
25-26 February 2023	First Trial	Napier

	Paddlers will be expected to be available from 7am Saturday till 12noon Sunday.	
	Paddlers must arrange own transport and accommodation.	
	Day 1: → 10km time trial. All paddlers must provide a ruddered OC1. → W6 session to analyse techniques and potential seat positions.	
	→ Whakawhanauangatanga. Day 2:	
	→ W6 session analysing techniques and potential seat positions.	
	At the conclusion of the first trial a training squad will be named.	
25-26 March 2023	Second Trial Paddlers must arrange own transport and accommodation Day 1:	Tauranga
	→ M2M Race → Meeting	
	Day 2:	
	→ OC1 session→ W6 session	
3 April 2023 (Selection)	Team Named via Waka Ama NZ Website	
20-21 May 2023	Training Camp #1 Details will be available closer to the time.	TBC Napier of
17-18 June 2023	Training Camp #2 Details will be available closer to the time.	Auckland
10-11 July 2023	Training Camp #3 Details will be available closer to the time.	Wellington
Date TBA	Combined NZ Training Camp	Auckland TBA
Depart approx. 5 days prior to event		

The departure date for Samoa will not be known until the IVF Event Schedule has been released.

COSTS:

In an effort to provide you with as much financial information as possible we have attached below a best estimate breakdown of the cost per paddler.

Per Paddler Costings for IVF World Distance Championship 2023

	Per paddler (NZ
	Dollars)
Return airfare to Samoa (Ex Auckland)	\$900 approx.
Accommodation at event	\$800
Based on 10 nights	
Food at event	\$500
Transport at event	\$150
Travel Insurance (Estimate awaiting	\$65
group quote)	
	\$2415
Waka Ama NZ Contribution per	-\$500
paddler	
Total Estimated cost per paddler	\$1915

Entry fee per paddler	Covered by Waka Ama	\$100 US (\$165NZ
		approx.)

Note: There may be additional costs for training camps.

Note:

- Airfares will be booked by Waka Ama New Zealand
- Accommodation will be booked by Waka Ama New Zealand
- Airfares are all ex Auckland (paddlers will need to arrange connecting flights or transport to and from Auckland)
- Paddlers who withdraw from the team after airfares have been confirmed will not receive a refund for the airfare cost.
- Payments can made by credit card.